1. MENTAL WELLBEING

**Future in Mind** – promoting, protecting and improving our children and young people’s mental health and wellbeing

The CCGs were successful in a bid to be a trailblazer area for Mental Health Support Teams (MHSTs) within educational settings. Trainee practitioners have now been recruited to both the Bradford Central and Craven teams. The CCGs have also recruited a Team Leader to oversee the mobilisation of these teams. The Team Leader will be working to embed the teams in schools and the wider children and young people’s (CYP) mental health provision and will be responsible for ensuring services and resources are co-produced with CYP and families/carers.

**Healthy Minds Digital Doorway**

NHS Bradford City CCG allocated non-recurrent underspend to improve the information and awareness about mental health services across the district. Chapel Street Studios and MIND in Bradford have been developing a simple single digital doorway to support, called Healthy Minds. The platform will utilise service information and ask a series of quick questions to guide people to the right support. There is a launch event to introduce the Healthy Minds platform on Monday 20 January, which is open to colleagues across the system.

**Physical Health in Severe Mental Illness**

The increasing percentage of people with severe mental illness (SMI) who receive physical health checks indicates that the 2019/20 incentive to GP practices is working well. In Q2 2019/20, 44.4% of people on SMI registers in the three CCG areas had accessed a check in the previous 12 months. This percentage has increased from 35.9% in Q2 2018/19 and is above the England average (30.0%) and the average for the North East and Yorkshire (34.3%). However it remains below NHS England’s 60% standard.

The CCGs have commissioned VCS organisations to develop tools for use by primary care and other organisations in communicating with people with SMI as well as to develop and provide bespoke physical health interventions for people with severe mental illness. These initiatives are intended to increase the number of people accessing physical health checks as well as the availability and effectiveness of options for improving physical health.

2. DEMENTIA

**Dementia** – a syndrome in which there is deterioration in memory, thinking, behaviour and the ability to perform everyday activities.

Diagnosis rates for dementia in Bradford district and Craven continue to be significantly higher than the 66.7% standard and above regional and national averages.
The Clinical Network and West Yorkshire and Harrogate ICS have developed a poster, leaflet, prompt cards (all available printed and online) and 4 films to raise awareness of delirium in any setting. The films will be developed into an e-Learning for Healthcare package also available for use in any care setting. The resources can be used in facilitated training sessions and in services for frailty and urgent care so that people can stay in their place of residence but receive care for their delirium.

3. AUTISM

A lifelong disability which affects how people communicate and interact with the world

Addressing the backlog of autism assessments for children and young people

90 sessions of educational psychology support has been commissioned through the project funding to address gaps in clinical psychology capacity for the period up to March 2020, with the option to roll over any unused sessions until the end of the school year.

Work continues to develop and refine the patient tracking list (PTL) which will include children and young people waiting for and ADHD assessment moving forward – whilst this will increase the overall waiting list it will give a more reflective picture of the issues that will be addressed through the new pathway approach. The PTL is currently going through a period of clinical validation.

Expressions of interest have been received from three external providers to provide additional assessment capacity to the local system utilising both slippage from the CCG non-recurrent funding allocation and the Bradford City CCG RIC monies. Contracting discussions are currently underway to secure this additional capacity. We have worked with AWARE to ensure that we have support from parent forums to this approach.

Unfortunately, due to restrictions on the use of funding made available via the national children and young people’s mental health programme, we have not been successful with our recent bid for additional funding. We continue to work with colleagues from the WY&H integrated care system mental health programme with a view to identifying additional funding to support the broader autism pathway.

December waiting list position

The monthly activity submissions show the waiting list is collectively 1,007 (excluding ADHD) with the longest wait being 157 weeks. The PTL has been further refined with the December PTL anticipated to clarify the exact referral rate, caseload split between the under 7 year and over 7 year pathway and the waiting list size including the addition of the ADHD waiting list. This will support an update on the current position and trajectory regarding waiting times, when NICE guidance would be achieved and an indication on how the backlog could be addressed in order to meet NICE guidance.

4. MATERNAL AND CHILD HEALTH

The Maternity, Children and Young People’s Partnership has not been meeting pending the results of the review of system programme boards. However, senior system leaders continue to consider and revise our approach to working in partnership to improve services for children and young people.
a. Improving Outcomes in Maternity Services

**Better Births - Maternity services are personalised and safe, with women-centred care**

A meeting is planned to review the progress of our service providers in respect of achievement of the requirements of Better Births to allow any risks to achievement to be identified and plans for mitigation to be developed.

b. Improving Outcomes for Children

0-19 Wellbeing and Mandated Duties for Children  Prevention and early help for children, young people and their families with a focus on tackling inequalities; including Special Educational Needs and Disabilities and Children Looked After.

**Special Educational Needs and Disability (SEND) – our children will achieve well in their early years, at school and in college, and lead happy and fulfilled lives**

The CCGs and health providers were engaged with the local authority led SEND parents/carers engagement events which took place in November 2019. The purpose of the events was to understand parents/carers views and concerns in the implementation of the SEND reforms. With the pace of transforming SEND services within Bradford, it is important to ensure parents/carers and their children have the opportunity to play a pivotal role in improving local services. A ‘You Said, We Did’ approach was taken with feedback from the events to be published on the Local Offer website which will be regularly reviewed by partners providing updates of the action taken as a result of the feedback.

To continue to build and strengthen relationships with parents/carers a programme of parents/carers engagement events have been planned in 2020. It has been proposed that engagement leads from the CCGs and health providers will attend future events working collaboratively to better support parents/carers within Bradford.

As part of the SEND statutory requirement the Local Offer website, which offers support, advice and activities available for parents/carers and their children, must be reviewed on a regular basis to ensure the information is up to date. It has been agreed the communications leads for each respective health provider will take the lead ensuring service level information is current and respond to feedback left by parents/carers regarding services.

In November 2019, the CCGs agreed to jointly commission SENDIASS (Special Educational Needs and Disabilities Information Advice and Support Service). SENDIASS provides independent and impartial information, advice and support to parents/carers of children who have or may have a special educational need(s). This service will compliment other information services within the local area i.e. PALS. A CCGs representative has been identified to work with the local authority on the contracting process.

**Children Looked After**

As a result of an identified risk in respect of delivery of health assessments for children looked after within statutory timescales, the CCGs led a review of health support for children who are looked after (CLA).
The review was undertaken with a view to understanding the impact of the increasing numbers entering the care system and ensuring there is sufficient capacity in the system to support the CCGs to deliver the statutory duties placed upon them.

Following a request at the September meeting of the Children's Services Improvement Board (CSIB), a process map setting out the timescales and progress in delivery of the actions in the action plan was produced. The CSIB have also requested a trajectory showing the move towards compliance with statutory timescales. A business case will be produced highlighting capacity/demand, service backlog, future model and requirements of the service for discussion at the System Finance and Performance Committee.

The Review Action Plan has been updated and shows that we have achieved all planned timescales to date with the remainder being on track to be achieved. The action plan will continue to be reviewed and updated at the monthly CLA Review steering group.

**Behaviour Evaluation Support Team (BEST)**

The BEST project is a service provided by Bradford Council that aims to enable children and young people, aged 5-18 years, (both male & female) who have a learning disability and ‘behaviour that challenges’ to remain at home with their families. BEST is jointly commissioned by Bradford district and Craven CCGs and Bradford Council with the larger proportion of funding allocated via health budgets. A review of the service was undertaken to ascertain contractual requirements, demand and capacity, appropriateness of the commissioned components by health and local authority, risks and emerging issues. There are a number of issues that have been flagged as part of the review process. A task and finish group involving key stakeholders has been established to implement the key recommendations from the review.

CCGs commissioners are currently working on developing an updated service specification defining the desired outcomes and outputs. Section 75 agreements will be established between CCGs and Local Authority clearly setting out the expected outcome from the service, which includes establishing clear service governance and arrangements to monitor service quality and experience of care.

5. **SELF CARE AND PREVENTION – ‘LIVING WELL’ PROGRAMME**

The Living Well programme is developing an ambitious whole systems approach to improving the health and wellbeing of our population through making it easier to live a healthy lifestyle.

Key project updates include:

- Living Well at Self Care Week 2019 - over 50 events and activities were delivered by a range of partners across Bradford district and Craven between the 18th and 24th November and a new toolkit was developed to provide groups with a wide range of branded resources. The main events took place at Airedale Shopping Centre, Kirkgate Shopping Centre and Broadway Shopping Centre with support from Living Well Advisors, partner organisations, Pulse Radio and 100 Pharmacy students from Bradford University.
Health information, resources and free health checks were available to the public and 3,000 Living Well pedometers were distributed with 2,340 people joining in the ‘Make One Change Challenge’ by pledging to make a small change to improve their health and wellbeing. The most popular pledges were to walk more, eat healthier, spend more time with friends and family, go to the gym and have a fast food free day. 371 blood pressure checks were undertaken, 51 carbon monoxide checks and 92 BMI measurements.

- Community Connectors - Sheffield Hallam University are finalising the current service evaluation and this will be published in the New Year. Practices in Districts CCG who have not contracted the community connector service via Primary Care Network funding have been notified that the current service will come to an end on the 31st March 2020. Work continues with the current VCS provider to confirm service collaboration and pathway design for the Reducing Inequalities in City (RIC) work. The project workbook for the Community Connector element of the Central Locality Integrated Care Service programme is due go to the RIC steering group for approval in January 2020 and the intention is that the service will run in City CCG only. Plans are underway to set up a new social prescribing network across the District in early 2020 to provide an opportunity for staff to come together to share good practice and training.

- Care navigation for receptionists – the latest dashboard indicates that we have recorded 46,061 navigations since the project started in December 2018 with a 90% acceptance rate and an estimated 3618 of GP hours saved. Phase 2 care navigation workshops were held at the beginning of December and the new providers (Carers Resource, Warm Homes Healthy People, Bereavement and Advice services) attended the workshops to describe their service criteria for navigation and videos have been produced as a resource for navigators that were not able to attend. The Phase 2 communications plan is ongoing and includes toolkits, videos, leaflets and other resources in addition to a range of radio adverts running from the 16th December through to the New Year, along with social media promotion.

- ABCD asset based community development funding – the final report has been completed and distributed to system partners and a number of the Community Partnerships have agreed to continue this work in 2019/20.

- Living Well programme – Public Health have recruited a number of new staff to support the implementation of the new programme and are currently revising their internal structures to agree leads for the various projects. The department has also been approved to be a registered training provider for the Royal Society of Public Health accredited training courses and work has started to develop the new Living Well Academy which will provide training to the public, organisations and staff across the District. Living Well has sponsored Bradford City Runs in November and the Bradford Sports Awards in March 2020 and have also produced a new Living Well hero film with Bradford University media students which can be found here: [https://youtu.be/YweEXMVGusQ](https://youtu.be/YweEXMVGusQ)
• Orcha (prescribe an app digital tool) – this feature will be available GP Assist system from early 2020 and it will also be a key feature on the new Healthy Minds website.

• Reducing Inequalities in City (RIC) funding – work is underway to develop a number of comprehensive project workbooks which support the Living Well programme for final sign off by the RIC steering group.

6. PERSONALISED CARE

**Personalised care** means people have choice and control over the way their care is planned and delivered. It is based on ‘what matters’ to them and their individual strengths and needs.

The Open Space event was put on hold due to the purdah period; it is to be rearranged in the New Year. We have been successful in obtaining Patient Activation Measure (PAM®) tool licences to use within different cohorts as part of Supported Self-Management and Social Prescribing. The PAM® is a validated, licenced tool that has been extensively tested with reviewed findings from a large number of studies. It helps to measure the spectrum of knowledge, skills and confidence in patients and captures the extent to which people feel engaged and confident in taking care of their condition. We are in the process of meeting with Primary Care Networks to explore incorporating this within their practices when delivering social prescribing services. We are also in the process in identifying cohorts where PAM® can be used.

We are working with the independent care sector Bradford Care Association (BCA) and presented at their Quality Workshop, which was attended by leaders from care provider sector. Our presentation was in relation to commitment to personalised care and support planning and principle of personalised care being embedded across the system. A workplace pledge for personalised care has been developed by BCA for providers to opt into.

**Personal Wheelchair Budgets**

A personal wheelchair budget is a resource available to support people’s choice of wheelchair, either within NHS commissioned services or outside NHS commissioned services. Personal Wheelchair Budget (PWB) processes and documentation in Airedale NHS Hospital Trust are progressing well. It is anticipated that phase one of PWB implementation will be in place for Notional PWB and those in receipt of vouchers at review end of March 2020.

7. CARERS

A carer is anyone, including children and adults who looks after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support. The care they give is unpaid. The CCGs and LA are working with carer support services to ensure they are accessible and relevant across all localities of Bradford district and Craven.

The Carers’ Partnership, a group of commissioners, statutory and VCS providers, and carers is leading implementation of the new all-age *Carers’ Strategy*. 
The strategy focuses on identifying unpaid carers, responding to changes in circumstances, carer support in health and social care, and carers in our communities, schools and workplaces. It also aims to improve specialist support including support at moments of transition, developing skills and resilience, breaks, planning, information and financial advice, and bereavement support. It is aligned with regional plans to extend the benefits of personalised commissioning and to support carers in employment.

8. HAPPY, HEALTH AT HOME NEWS

Bradford Home Support (also known as Bradford Enablement and Support Team, BEST), is registered to provide personal care and support to people at home. The service provides short term support to people when they are discharged from hospital or in response to a social care crisis. Because of the type of service, the numbers of people supported can vary from day to day and at any given time the service supports between 200 and 300 people and plays a pivotal role, especially during winter, in us having one of the lowest delayed transfers of care rate in England.

The Care Quality Commission (CQC) published its inspection report on BEST in December 2019 and the service was rated OUTSTANDING.

The service places a strong emphasis on enablement, supporting people to live fulfilling lives and be part of their local community. Staff actively encourage and support people to be as independent as possible. The CQC found numerous examples of staff supporting people to improve their quality of life by supporting them to access local services. People were supported to have maximum choice and control of their lives and staff supported them in the least restrictive way possible and in their best interests.

The inspection found that from the outset, people were involved in planning how their support needs would be met and in setting goals to help them become as independent as possible. This meant people received person centred care – happy, healthy, at home.

9. VOLUNTARY, COMMUNITY and SOCIAL ENTERPRISE SECTOR

The voluntary, community and social enterprise sector (VCSE) has a key role in creating a vibrant and healthy society and is increasingly seen as an important partner for the public sector in addressing some of society’s biggest challenges. The voluntary and community sector is extremely diverse, ranging from large national charities to small local providers with few or no paid staff; what connects these organisations is that they operate independently for the public good, supporting people and communities.

The VCS sections of this report may not be funded by the CCGs; the report highlights those with the greatest impact on health and wellbeing.

Bradford VCS Alliance

This report provides some very brief highlights from BVCSA of developments and progress over the last month.

Contract Delivery Highlights

• RIC – Reducing Inequalities in City
BVCSA is in the process of finalising the development of 5 proposals as part of the RIC Programme, which will see the local VCS deliver over £640k of work in the centre of Bradford over the next 12 months. This work will include End of Life support, targeted Community Development, Health Messaging, Welfare Benefits Advice and Social Prescribing.

- **Asset Based Community Development (ABCD) Small Grants Funding**

  We have just released our Brochure featuring details of all 254 funded projects from Rounds 1-3 in Bradford. A copy can be downloaded from here: [http://bit.ly/BVCSABradfordABCDBrochurev1](http://bit.ly/BVCSABradfordABCDBrochurev1)

  The next round of ABCD for 5 of the Bradford Community Partnerships is now open for proposals. Over £74k will be invested in grass roots VCS organisations during 2020, to enable them to develop solutions to the issues they see in their communities.

- **S10 Community Partnership Opportunities**

  We have recently supported S10 Community Partnership to commission 3 projects to work in partnership to support their key local projects. Local VCS groups will be delivering their Communications and Engagement, Self-Care Champion, and Youth Health Champions Services.

- **TNL Climate Action Fund**

  BVCSA is acting as the holding vehicle for a co-ordinated Expression of Interest for Bradford to The National Lottery’s Climate Action Fund. This project will help local communities to demonstrate what is possible when people take the lead in tackling climate change.