1. MENTAL WELLBEING

**Future in Mind** – promoting, protecting and improving our children and young people’s mental health and wellbeing

The CCGs were successful in a bid to be a trailblazer area for Mental Health Support Teams (MHSTs) within educational settings. The funding awarded will be allocated to two teams, one operating in Manningham, Bolton and Undercliffe within Bradford and the other team operating in Craven. MHST funding has been based on delivering a service to a population of c.8000 pupils which equates to around 10 to 20 education settings being supported.

The CCGs were required to submit a project plan to NHS England to support the implementation and delivery of the Mental Health Support Teams to secure the funding. Partners involved in developing the bid were invited to attend the first Trailblazer Project Board meeting to inform the project plan and have since agreed to the establishment of separate Project Board meetings for the two MHST areas within the current mobilisation phase. Membership of the Project Board consists of CAMHS, VCS CYP providers, Public Health and Children Services from North Yorkshire County Council and Bradford Local Authority.

Engagement with schools that have been identified to take part in the trailblazer and the recruitment of a team leader for both MHST sites will commence in September. Teams will be fully operational by January 2021.

Bradford District Care Foundation Trust has been carrying out a review of their pathways and internal process for Children’s and Young People’s Mental Health Services (CAMHS). The Mental Wellbeing Partnership Board has agreed to conduct a system review of CAMHS and is in process of scoping this out.

**Physical health in severe mental illness**

People who experience severe mental illness (SMI) have a life expectancy 15-20 years lower than the general population, partly because physical health care needs are often overlooked. The increased risk of premature death makes it vital for people living with SMI to be offered physical health assessments, supported to use health information and advice, and to take up tests and interventions.

In 2019/20 GP practices in all three CCG areas are incentivised to complete a series of six physical health checks for people on the Severe Mental Illness (SMI) register. Clinicians are working with VCS colleagues to engage, and inform people of the importance of these health checks and develop a health action plan for people to take home and use. People will be encouraged, and supported, to engage with relevant interventions (smoking cessation, lifestyle, diet and exercise, alcohol and substance misuse, and reduction in diabetes risk). The workstream group will assess whether capacity for interventions matches demand in different geographical localities.
The percentage of people on SMI registers who accessed all six checks during the last 12 months increased from 36% in March 2019 to 42% in July 2019 and we are seeking to increase this percentage further before April 2020.

2. **DEMENTIA**

The CCGs and Bradford District Care Foundation Trust have begun discussions on the current long waiting times for memory assessment in the Bradford area.

Sharing Voices Bradford has opened a new network of dementia friendly sessions for people from BME communities including fortnightly sessions in Bradford for people from African and Caribbean communities and women- and men-only sessions in Keighley.

One of the three regional pilot initiatives in progress will focus on supporting care home staff to better understand resident distress behaviours and identifying simple actions to help prevent or reduce them. The other two regional pilots focus on prevention and treatment of delirium and on advance care planning. All three projects are intended to reduce non-elective admissions and length of stay for people with dementia.

Bids submitted in July for NHS England transformation funding did not include a proposal to improve the crisis response for people with dementia in this round as planned. The CCGs will continue to seek opportunities to implement a crisis response.

3. **AUTISM**

*Autism* – a *lifelong disability which affects how people communicate and interact with the world*

**Addressing the backlog of autism assessments for children and young people**

Executive leads have been identified from each of the three NHS trust provider organisations to support the transition to the new autism assessment pathways and an implementation plan is in development.

Providers have already made efficiencies in current pathways, enabling some significant reductions in the length of assessment process time – for example, through adoption of many of the elements of the new pathways, the Bradford Teaching Hospitals NHS Foundation (BTHFT) 5-12 year old assessment service has managed to cut the autism assessment times from 56 weeks to six weeks.

An initial timescale and trajectory for addressing the waiting list has been developed which indicates we will start to see a reduction in the waiting list numbers by November 2019 and shows the steady reduction in waiting list numbers over the next four years. A separate piece of work is being undertaken to profile the impact on the current longest waiters.

The ‘General Manager – Children’s Autism Assessment Service’ has been advertised. Interviews have taken place for the psychology and psychology assistants posts to increase the workforce and discussions are taking place to provide speech and language provision through increased core hours.
Work is being undertaken to establish a unified project data dashboard to support the development of a single autism assessment service. This will include a single waiting list to ensure an accurate and consistent approach to waiting list management and enable district wide visibility on where children are waiting the longest for assessment.

**Autism Partnership Working**

All age autism strategy groups have been established under the Transforming Lives Partnership Board bringing together local organisations, services and stakeholders, including CCGs. An all age draft action plan is being developed in response to what people with autism, their family and carers and stakeholders have said is important to them through the Autism Self-Assessment 2018, Healthwatch reports and recommendations from the Joint Strategic Needs Assessment. Working with a wide range of stakeholders we are currently identifying key strategic priority areas and actions that will make a real difference to the lives of children and adults with autism, which includes:

- To co-produce and engage with people with autism and family members in the development of local plans;
- To increase the Awareness and Understanding about Autistic Spectrum Conditions (ASC) through ongoing training and development opportunities;
- To ensure access to quality information and support pre and post diagnosis; and
- To improve cross system data collection and reporting.

**4. MATERNAL AND CHILD HEALTH**

As a result of initial feedback form the Maternity, Children and Young People’s Partnership check and confirm session we are holding a system leaders event on 3 September to consider how we could best work in partnership to improve services for children and young people.

**a. Improving Outcomes in Maternity Services**

**Better Births - Maternity services are personalised and safe, with women-centred care**

**Vulnerable women pathway**

Following the decommissioning of the drug and alcohol service at BTHFT by CBMDC Public Health, a one-year project was funded to scope, develop, agree and implement an integrated care pathway for vulnerable pregnant women with complex social factors accessing services at BTHFT. The pathway design was aligned to NICE guidance.

Pathways have been developed across Bradford district and Craven. An implementation/recommendation plan was agreed, which will be monitored through a task and finish group with representation from Public Health, CCGs and acute hospital providers. At the first task and finish group, the implementation plan was reviewed and updated with regard to current arrangements and areas of focus.
b. Improving Outcomes for Children

0-19 Wellbeing and Mandated Duties for Children Prevention and early help for children, young people and their families with a focus on tackling inequalities; including Special Educational Needs and Disabilities and Children Looked After.

Special Educational Needs and Disability (SEND) – our children will achieve well in their early years, at school and in college, and lead happy and fulfilled lives

The SEND Code of Practice (2015) requires Education, Health and Care Plans (EHCPs) to be issued within 20 weeks from the point of receipt within the local authority (City of Bradford Metropolitan District Council). Health services/organisations have a pivotal role to play in that health advice needs to take place within six weeks (within the 20 week totality) of receipt of the health request. We do not currently monitor our compliance rates but through the development of the SPoC (see below) we will be able to capture and address issues with regard to timeliness of responses.

The CCGs continue to progress the single point of contact (SPoC) for the receipt/return of information to inform EHCPs. Data protection issues continue to be addressed and further advice is awaited regarding the requirement for a data sharing agreement with CBMDC. It has been agreed that as the above work is in progress the SPoC will go live on 16th September 2019.

A draft joint partnership agreement has been developed in conjunction with health providers and the local authority. The partnership agreement outlines the roles and responsibilities of each organisation in respect of their respective SPoC and overall arrangements.

We are recruiting a Designated Clinical Officer and envisage the appointment will be made by October 2019.

In preparation for the forthcoming inspection the CCGs’ performance team continue to work with the local authority and health providers in the collection of SEND data. A SEND repository has been developed for commissioners and providers to upload the necessary data.

The above work supports us to address identified risks across CBMDC, health providers and CCGs.

BCG Vaccination The business case to address the identified gap in provision was accepted and funding secured. BDCFT are currently developing the delivery model and service to be mobilised by December 2019.

Children Looked After As a result of an identified risk in respect of our ability to deliver health assessments for children looked after with statutory timescales, the CCGs led a review of health support for children who are looked after. The review was undertaken with a view to understanding the impact of the increasing numbers entering the care system and ensuring there is sufficient capacity in the system to support the CCGs to deliver the statutory duties placed upon them.

The steering group has completed the review of health support for Children Looked After and produced a briefing paper, recommendations and a detailed partnership action plan,
which will be presented to the CBMDC Children’s Services Programme Board and the Children’s Services Improvement Board. A meeting will take place in September with the provider directors of nursing to progress the implementation of the action plan.

**Re-procurement of the 0-19 Service** As a result of this identified risk being on the CCGs’ risk register, CCG colleagues are members of the 0-19 systems partnership monthly meeting, which has been established to oversee the mobilisation of the new contract with BDCFT.

**Health Training into Short Break Units and BEST** A review of the level of health input required in to the specialised short breaks service (previously referred to as respite units) has been completed and training put in place. A service model has been developed that outlines the health services input into the children and young people specialist short break units currently operating from Wedgewood House (Bradford), Clockhouse Short Breaks Unit (Keighley) and Valley View House Children’s Home. The service model developed in partnership with providers aims are:

- To ensure that the quality and consistency in care is delivered and maintained;
- To offer support, on shift, in delivering the care to children and young people with complex health care needs; and
- To ensure specialist short breaks units have access to advice and support in hours and out of hours.

5. **SELF CARE AND PREVENTION – ‘LIVING WELL’ PROGRAMME**

The **Living Well programme is developing an ambitious whole systems approach to improving the health and wellbeing of our population through making it easier to live a healthy lifestyle.**

**Key project updates include:**

- A new programme board will launch in September 2019 and will include partners from across the system. There will be four workstreams to carry out the work of the programme: Living Well Systems; Living Well Societies; Living Well People; Living Well Environments;

- Community Connectors – the CCGs are working with the provider and Sheffield Hallam University to carry out an evaluation the current service and this will be complete by mid-October. A new proposal has been submitted to the CCGs for an enhanced social prescribing service in the three central Community Partnerships. Work continues with the Primary Care Networks in relation to the new GP contract and the CCGs are discussing workforce requirements with the LMC;

- Care navigation for receptionists – the new data dashboard is now in place and this is sent to GP practices on a monthly basis. We currently have 56 GP practices offering care navigation and nine practices are in the process of training staff ready to start. There are 603 care navigators trained to date and we are working with additional providers to add more external services to the template in phase two of the project;
• Orcha (prescribe an app digital tool) – we are developing a new pathway to contact patients on the waiting list for low level mental health services to utilise apps and promote self care. One GP practice is trialling a new referral system to encourage more people to use apps in between receiving care;

• ABCD asset based community development funding – we have completed round three and a total of 307 grassroots projects have been funded across the ten Community Partnerships. There is a remaining budget of £18,257.01 and the CCGs are working with the VCS Alliance to agree how to utilise the funding.

• A number of Living Well proposals have been submitted to the Reducing Inequalities in City (RIC) programme for consideration. The CCG is currently prioritising submissions and the outcome should be confirmed by October.

6. VOLUNTARY AND COMMUNITY SECTOR

The voluntary, community and social enterprise sector (VCSE) has a key role in creating a vibrant and healthy society and is increasingly seen as an important partner for the public sector in addressing some of society’s biggest challenges. The voluntary and community sector is extremely diverse, ranging from large national charities to small local providers with few or no paid staff; what connects these organisations it that they operate independently for the public good, supporting people and communities.

The VCS sections of this report may not be funded by the CCGs; the report highlights those with the greatest impact on health and wellbeing.

Bradford District Assembly

Assembly Steering Group (ASG) members are involved in a wide range of current initiatives including the Access bid (social enterprise support), Creative People and Places bid, Healthy Happy at Home strategy, VCS leadership and Individual Service Funds (event planned for October).

James Drury spoke about the “Healthy, Happy at Home Strategy” at the ASG meeting. A survey will be carried out to help identify priorities. We are also planning a consultation with VCS representatives that will be fed into the strategy.

Forum meetings are well attended, with new interest in the Health and Wellbeing Forum in particular. Members are attracted by the range of information and presentations including updates from Better Start, Young Lives (Prevention and Early Help) and the VCS Alliance. Mike Smith and Paul Hogg from Bradford District Care Trust presented their latest work programmes and discussed ways of working more closely with the VCS going forward.

Kevin Brain gave a presentation and update on the BREXIT strategy and Mark Clayton gave an update on the Economic Strategy at the recent Community Economic Forum meetings. Members contributed to the Comprehensive Spending Review lead by Nigel Smith and David Walmsley. Cassandra Walker gave an update on the latest news about Keep it Local.
The Equalities Forum has formed a Hate Crime Task and Finish group working with Mohammed Dhalech from the Hate Crime Alliance. Partnership work on anti-poverty with Credit Union, People Can, Barnardo’s, Carers, CAB, and Bradford Council to deliver the “surviving summer” programme which aims to support families through the summer holiday period with hints, tips and info on free/low cost activities. Two events (one in Keighley and one in Bradford) plus 6 roadshows delivered in June and July. Funding secured for future work from the “Stop Loan Sharks Community Fund”.

BAME youth leadership programme presented to the Equalities Forum. A Task and Finish group met to finalise, support and approve the delivery plan. Empowering Minds will identify some of the female participants. Members of the Equalities forum will be on the selection panel to ensure a balanced and diverse group of young people are offered the opportunity.

The Health and Wellbeing Forum meeting included updates on prevention and early help, Better Starts and Bradford VCS Alliance.

The Safer Community Forum hosted two events: “Reducing Reoffending” included presentations from Together Women and Bradford & Calderdale Liaison and Diversion Service. "Organising a Community Event" attracted grass root groups who do not engage in the more formal meetings.

7. OTHER UPDATES

Carers
An ambitious all-age strategy for unpaid carers in Bradford district and Craven has been completed in draft for review with partners including the two local authorities and other stakeholders. It focuses on identifying carers and responding to change, carer support in health and social care, and carers in our communities, schools and workplaces. The draft strategy also proposes improvements to specialist support including support at moments of transition, developing skills and resilience, breaks, planning, information and financial advice, and bereavement support. It is aligned with regional plans to extend the benefits of personalised commissioning and to support carers in employment.

Online Employers for Carers resources and learning including training for managers are now available to CCG staff through the Electronic Staff Record. The resources will also be promoted through Bradford Chamber of Commerce.